

Portuguese NATIONAL CONFERENCE







On **June 3**, the Multiplier Event of the FarmElder project, organised by **ADRIMAG**, was held at the Vale de Cambra Municipal Library. The main focus of the event is social farming for the elderly.

The main objectives of this event were to publicise the activities carried out throughout the project by the various European partners that make up this project, and at the same time to raise **awareness among the community in general of the benefits associated with social farming**, specifically for the elderly, as well as the importance of involving everyone (farmers, private social solidarity institutions, local associations and the community in general) in this type of approach.

This event was also very useful in that it allowed ADRIMAG to publicise in greater depth the existence of a **course focusing on social farming for the elderly**, which has been tested previously and which will be accessible on the FarmElder project website.

It's worth highlighting the collaboration of the Vale de Cambra Environmental Education Centre in providing a brief testimony about the work it does in the field of social agriculture with audiences of different age groups, including the elderly.



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We also had the opportunity to show a video of the history of social farming by the Association of Friends of Pontemieiro, which through the creation and development of the village's organic community garden is a good example of social agriculture of an intergenerational nature, fostering the well-being and combating the isolation of the population living in this village. It was very important the testimony given by Filipa Marques, a member of the association's board of directors.

Reference was also made to all the **other inspiring stories** from other case studies worked on in the countries of the other partners (**Ireland, Germany and Slovenia**).

At the end of this event, the public had the opportunity to ask questions and **share ideas and experiences** associated with the concept of social agriculture, showing a genuine interest in this subject and its **applicability in rural areas**, among various target audiences.

















ASSOCIAÇÃO DE DESENVOLVIMENTO RURAL INTEGRADO DAS SERRAS DO MONTEMURO, ARADA E GRALHEIRA







